



UPHOLSTERED HEADBOARD

Treat yourself to an elegantly shaped headboard and cover with a rich and patterned velvet.

Majestic piped double **headboard**, £190, The Dormy House. Covered in Pasha Velvet, ref FD257, col Red Grape, £189 a metre. Mulberry Home. (Trimming) Sherborne, ref JS85F-08, col Pink, £29 a metre. Jane Churchill at Colefax and Fowler Berkeley double divan **bed and mattress**, £299, Furniture Village. Pure washed linen Oblong **pillowcases**, cols Blush Pink and Taupe, £5 each; double flat **sheet**, col Fig, £69; double **duvet cover**, col Blush Pink, £95, all La Redoute. Linen **cushion covers**, col Raspberry, £18 each, Oka. Silk Dimple **bedspread**, col Nude Pink, £39, Gingerly Soprano **nightstand**, £541, Roche Bobois. Brass **bird**, £21.50 for three, An Angel at My Table. Ede oil lamp-style **lamp and shade**, £35, John Lewis. Stowe **carafe**, £75, Oka. Artificial **hydrangea**, £7.95, Berry Red. Books, stylist's own. **Birdcage mirror** (on wall), £60, An Angel at My Table. **Wall**, Egyptian Cotton, £14.90 for 2.5 litres of vinyl matt emulsion, Dulux.

CALMING FRAGRANCES

Encourage restful sleep with a selection of aromatic lavender cushions.

Toile extra large lavender **bag**, £35, Celia Lindell. Personalised linen lavender-filled **heart**, £17.75, Tupperry House Designs. Raspberry and pink lavender-filled **pillow**, £35; small fabric lavender **bags**, £8 each, all Celia Lindell.

WOOL WARMERS

Tuck yourself into bed with luxury woollens, smooth velvets and soft mohair – from bed socks and hottles to blankets and throws.

Chunky knit **cushion**, £25, Marks & Spencer. Hot Mix mohair **throw**, £95, The Atlantic Blanket Company. Hot water **bottle cover**, similar from Cocoon/Just Not on the High Street. Wool **socks**, £16, Samantha Holmes. Velvet made-to-measure **bedspread**, col Heather, £200, The Natural Curtain Company. Blond mohair **throw**, £60, The Atlantic Blanket Company. Asha basketweave **throw**, col Linen, £85, Laura Ashley ▶